

7.1.1 Measures initiated by the Institution for the promotion of Gender equity and Institutional initiatives to celebrate/ organize national and international Commemorative days, event and festivals during the last five years

Adarsh Mahila Mahavidyalaya, Bhiwani, is a leading women's college in Haryana, dedicated to the upliftment of women's education and fostering an inclusive environment. The college celebrates national and international commemorative days, events and festivals to cultivate love, respect, empathy, harmony, peace, brotherhood, courage and patience among students and staff, aiming to build a society where everyone can survive.

Mahavidyalaya celebrates Independence Day, Republic Day, and the birth anniversaries of freedom fighters and patriots. It also observes International Women's Day, World Heritage Day, AIDS Day, Anti-Tobacco Day, Constitution Day, Teacher's Day, and more. Additionally, the college embraces the local festivals like Holi, Raksha Bandhan, emphasizing on equality.

However, our society still grapples with gender inequality, which perpetuates injustice, violence, and grievances. These issues hinder social progress and compromise the safety and well-being of women and girls. Adarsh Mahila Mahavidyalaya addresses these challenges through initiatives promoting gender equity and equality. The college conducts gender audits to collect information on gender-related themes, analyzing the views of students and staff. This data informs subsequent steps taken by the institution.

To further empower women, the college has established various cells such as the Women's Cell, Legal Literacy Cell, Anti-Sexual Harassment Cell, Anti-Ragging Cell, Grievances and Redressal Cell, and Red Ribbon Club focusing on issues such as sexual harassment, gender roles, legal rights, gender stereotypes, women's role in society, and equal opportunities. The college's managing committee ensures the representation of

women by having a woman president and predominantly female teaching staff, reflecting the commitment to empower women.

Mahavidyalaya provides quality infrastructure, a conducive academic environment, safety and security, extracurricular activities, sports facilities, and green campus to foster independence and enhance the capabilities of its students. Various cells of college organize numerous activities each year. The Women's Cell hosts events like International Women's Day celebrations, women empowerment rallies, group discussions, signature campaigns, self-defense training, talent shows and inter-class dance competitions. The NSS Cell actively promotes women's empowerment through activities related to the "Beti Bachao Beti Padhao" (Save the Girl Child, Educate the Girl Child) campaign, including walkathons, skits, extension lectures, National Girl Child Day celebrations, poster making, and slogan writing.

Similarly, the Legal Literacy Cell raises awareness about women's legal rights and cybercrime. The Red Ribbon Club focuses on HIV/AIDS and drug abuse awareness through extension lectures, hygiene camps, poster making, slogan writing, rallies, and awareness campaigns. The grievance cell, anti-sexual harassment cell, and anti-ragging cell ensure the safety and security of female students. Career guidance and counseling cells, as well as the placement cell, provide information on job opportunities, promoting independence among female students.

The college actively invites accomplished women to deliver lectures and to inspire, motivate students. It also collaborates with local organizations dedicated to gender equity, organizing events such as "Naaz hai betiyan Pe" to honor women achievers and "Laghu Natika on Acid Attack" as part of public programs like "Rahgiri." by engaging with the community. Mahavidyalaya strives to raise awareness about gender equity and its importance in society.

7.1.4 Describe the institutional efforts /initiatives in providing an inclusive environment i.e. tolerance and harmony towards cultural, regional, linguistic, communal socioeconomic diversity and sensitization of students and employees to the constitutional obligation : values, rights, duties and responsibilities of citizens.

Adarsh Mahila Mahavidyalaya, Bhiwani is known for the excellences in academics, sports, co- curricular activities and in providing an inclusive environment to students. The college observes the days of national importance like birth anniversaries of great personalities. The staff makes the students aware of their contribution in society and in nation building.

To instil the feelings of patriotism in students and staff, Mahavidyalaya celebrates various events such as Independence Day, Republic day, Constitution Day, Shahididiwas, ParakramDiwas and Army day etc. The management and staff of the college believe that values are fundamental and basic believes which motivate and guide the actions and attitudes. Which in turn help the humans to determine what is write or what is wrong. The values give birth to ethics. There is a strong relation of the ethics and human deeds or actions which underline the character of humans.

Mahavidyalya is providing such an inclusive environment in which students could improve their ability and judgement power refining their decisions, actions and behaviour. This could be helpful in performing their duties towards organization, family and the society as well. Mahavidyalaya' s Ethical Cell, discipline committee, NSS, NCC, Sports, social Science forum, LLC, Sanskrit, Women cell, Red ribbon club, YRC, Heritage cell etc., work for value education by organizing activities like workshops, extension lectures, competitions, cultural and academic activities, society oriented outreach programmes like door to door campaign, rallies and awareness programmes etc., working for integrity, hospitality, compassion, respect, services, empathy, love, legal rights, considerations, appreciation, learning of life, awareness, traditional values

in Indian society, citizen values and rights to foster the universal core values (like integrity, justice, discipline).

Over the years college is making their employees and students aware of their rights, values, constitutional obligations, duties and their responsibilities towards society, humanism and the nation as well. Mahavidyalaya is observing the awareness of social, moral and political obligations of their students to make them responsible citizens for future by creating an environment in which many activities and days are being celebrated like constitution day, National voters day, National unity day, National Girl child day, world Anti-tobacco day, world environment day, Aids day, Earth day, Women' s day etc.

The institution is providing an inclusive environment like cultural, regional, linguistic, communal and socioeconomic to sensitize everyone. Through society outreach programmes students and staffs work together for the upliftment of society. Students from diverse culture, origin, caste, creed and languages show no difference and in the team work they learn what to do for the conservation of our heritage, culture, language, environment and for preservation of our natural resources. The activities organized by different cells like women cell, N.S.S., N.C.C., sports, RRC, YRC, LLC, placement cell and many more, are imparting the knowledge of tolerance, harmony and inclusive education to each and every one.

Best Practice-I

1. Title of the practice:

Creation and awareness of an Eco-friendly campus with the priorities in management of preservation of fauna and flora, management of waste, conservation of green environment, energy and water.

2. Objectives:

- **Promoting Environmental Awareness:** Encouraging students and staff to embrace sustainable practices through workshops, lectures, and extension activities focused on live environmental issues.
- **Habitat Conservation:** Protecting and promoting the natural habitats of existing species within the campus to ensure their survival and growth.
- **Fostering Sustainability:** Creating a learning environment that fosters a sustainable society and incorporates traditional knowledge from local communities for the sustainable use of natural resources.
- **Spreading Awareness:** Raising awareness about the adverse effects of non-biodegradable waste and pollution through campaigns, surveys, and rallies.

3. Context:

Involving the younger generation in conserving natural resources, biodiversity, water fertility, waste management, and climate change is imperative. The institution recognizes the urgency to instill green ethics in students and staff to create a sustainable future.

The institution's dedication to creating an eco-friendly campus has yielded promising results. By promoting environmental awareness, habitat conservation, and sustainable practices, it aspires to produce future leaders who prioritize ecological well-being.

4. The Practice:

- **Conservation of Biodiversity:** The campus boasts diverse trees, shrubs, and plants, forming a healthy ecosystem. Regular cleaning and waste segregation are encouraged, and trees provide shelter for birds and animals.

- **Energy Conservation:** The institution installed a 20KW solar PV power plant on its roof and utilizes LED lights to conserve electricity.
- **Water Conservation and Management:** Rainwater harvesting is employed through bore wells, soak ways, and recharge pits to recharge water and maintain water resources.
- **Orientation Programs:** Lectures, workshops, and training sessions are organized on green themes, along with door-to-door campaigns, rallies, and awareness programs on cleanliness and plastic removal.
- **Waste Management:** Solid waste is managed through vermicomposting, canteen waste through kabaari, and proper disposal of e-waste, facilitated by an MOU with a green NGO.
- **Programme Prayaas:** An initiative promoting biodegradable waste use, green skills, environment conservation, and respect for natural resources through various curricular and co-curricular activities.
- **Promotion of Green Ethics:** The college adheres to a green code of conduct, celebrating environment-related days and events, further fostering green ethics among students and staff.

5. Evidence of Success:

The college's green campus, diverse plantations, energy-efficient practices, and partnerships with NGOs reflect its commitment to environmental preservation. Regular audits and initiatives demonstrate the institution's progress toward an eco-friendly environment.

6. Problems encountered and resources required:

- **Cost and Expertise:** The installation and maintenance of alternate energy sources like solar panels require initial investment and expert guidance.
- **COVID-19 Impact:** The pandemic affected campus cleanliness, waste segregation, and physical campaigns, but online efforts were made to sustain green initiatives successfully.

Best Practice-II

1. Title of the practice:

Creation and development of the impressive, outgoing and overall personality of students for attaining self-esteem, positive impact and confidence through mentoring, creating awareness, organizing academic activities along with cultural & sports, deploying them in society as a social server and by providing them ethics.

2. Objectives:

- **Enhancing Learning Quality:** Developing expressive personalities to enhance students' learning experiences.
- **Building Confidence:** Creating an environment that fosters students' self-assurance and confidence.
- **Promoting Independence:** Equipping students with skills for self-sufficiency and independence.
- **Instilling Social Responsibility:** Cultivating students to become ideal social contributors and responsible citizens.
- **Nurturing Leadership and Presentation Skills:** Developing leadership skills, positive thinking, and effective presentation abilities.
- **Fostering Critical Thinking:** Emphasizing academic and extracurricular activities to enhance critical thinking capabilities.
- **Encouraging Sports and Cultural Activities:** Promoting physical fitness, cultural awareness, and social traditions.

3. Context:

A strong personality not only influences an individual's personal and professional life but also garners acceptance and recognition from society. As the future of the country, students' personalities play a crucial role in shaping society. Mahavidyalaya recognizes the need for overall personality development, covering emotional, mental, physical, moral, social, cultural, and spiritual aspects. To achieve this, the institution employs a multifaceted approach, including awareness programs, academic and extracurricular activities, cultural events, skill enhancement, and social initiatives.

4. The Practice:

- **Spiritual & Moral Development:** Conducting programs and events focusing on values, ethics, personal insight, and interpersonal relationships. Celebrating festivals and commemorative days to boost students' morale and spirituality through various departments and cells.
- **Physical and Mental Development:** Organizing Yoga competitions, lectures, webinars, health activities, and friendly matches to promote physical fitness and mental well-being. Engaging various departments for mental development through debates, group discussions, workshops, and extension lectures.
- **Social and Emotional Development:** Encouraging participation in rallies, campaigns, and awareness programs organized by departments, NSS, NCC, and social cells. Implementing mentor-mentee systems to provide emotional support.
- **Skill Development and Entrepreneurship:** Facilitating skill enhancement programs, workshops, and training for professional growth and entrepreneurship. Involvement of Career Guidance and Placement Cell, IQAC, and Computer Science Department for such initiatives.

5. Evidence of Success:

- **Sporting Excellence:** Students excelling in sports events at university and state levels, even during the pandemic, showcased on college websites and social media platforms for inspiration.
- **Talent Showcase:** Youth festivals and competitions regularly held on campus, providing students a platform to display their talents and earn accolades.
- **Social Impact:** NSS and NCC volunteers actively engaging in social awareness campaigns, cleanliness drives, and nukkad nataks to serve the community.
- **Academic Achievements:** Students consistently achieving top positions in academics, demonstrating the college's commitment to academic excellence.
- **Entrepreneurial Growth:** Skill enhancement programs and exhibitions promoting entrepreneurship and skill development among students.

6. Problems encountered and resources required:

- **Low Participation:** Addressing the lack of awareness among students regarding the significance of personality development activities.
- **Budget Constraints:** Allocating sufficient resources to organize and conduct these activities effectively.
- **Time Constraints:** Exploring ways to accommodate these activities within the semester system to ensure continuity and practice.

7.3.1 Institutional Distinctiveness

Adarsh Mahila Mahavidyalaya Bhiwani was established in 1970 with a mission and vision of empowering women, coming from the diverse background. Mahavidyalaya is enhancing the intellectual ability of students along with imparting the quality education to them for holistic development. The institution is nurturing their inner talents.

1. Excellence in infrastructure:

To improve the student outcomes, better instructions and to reduce dropout rates, Mahavidyalaya is providing a high quality infrastructure. In the campus there are well equipped laboratories, airy class rooms, well-furnished library, Principal office, admin block, staffroom, cycle stand, fully A.C. auditorium, girls hostels, playground, basketballground, athletic track, mess, canteen, computer labs etc., providing a healthy and pleasant environment for the education, comfort and protection. Campus of the college had been gated. Safety & security is under the observation of CCTV cameras provided at appropriate places. Mahavidyalaya is providing the green and clean environment and promotes the awareness of making the environment clean and green. The IQAC of the college organizes environment audit, green audit, water audit and vehicle audit of the college time to time. In the college campus there are many parks, indoor plants, varieties of shrubs, herbs, medicinal plants and trees. As water conservation measures the rain water harvest system, water tanks, borewells and ROs are here in the campus. LED' s and Roof top solar panel are here as alternate sources of energy. Mahavidyalaya is known for proper hygiene, neat and clean campus and washrooms, dustbins at appropriate places and waste segregation methods in the city. Wi-Fi

facility and smart boards are also here in the campus.

2. Excellence in sports:

Mahavidyalaya is providing the best opportunities to their students in the field of sports keeping in mind that failure and success are complement of one another which could not be considered by the losses or wins rather these require personal excellence. For this institution is providing such a sports environment to the students through which they could develop the interpersonal skills like punctuality, trust, accountability, communication, patience and leadership. The qualified and trained coaches in the college trains the girls to explore their inner talent. Students bring Loral to the college in many fields of sports. In campus there is facility of hostel for players, indoor and outdoor gyms, basketball ground, volleyball ground, athletic track, etc. The college organizes the inter college competition Like Yoga, basketball and wrestling etc. We are the achievers at national and international level. College organizes many activities like yoga workshops, friendly matches, training program of self-defense, slogan writing, poster making, athletic meet function, workshops and guest lectures. In addition to these activities Mahavidyalaya also provides training and practice classes to the girls in the campus to train them so that could participate at Inter College, university level, national, and at international level. In the pandemic time Mahavidyalaya organized many activities on health and yoga for creating awareness in the society. The college also provides financial assistance to the players.

3. Excellence in cultural and co-curricular activities:

Mahavidyalaya ensures the participation of students in the cultural life as it believes in imparting education via culture to create interest in

young minds. Through cultural and co- curricular activities the students could get an opportunity to interact with others. The college is providing such an environment to the students in which they are attaining confidence, performing better, developing their personality and are shaping their career. Different departments and cells of the college organize activities in this direction like rangoli competitions, dance competitions, singing, poster making, painting, craft making, stitching, pot making, drama, shalok uchharan , Add making etc. In the beginning of every session the institution organizes talent hunt show so that the inner talent of student could be identified and Staff could give shape to students through which they could be able to participate at zonal, inter zonal or at national level competitions. In addition to it during the session, Mahavidyalaya organizes cultural programmes on the occasion of Republic day, Independence Day, sports functions, convocation function, alumni meet and in closing ceremony of NSS camps etc. Students of the college participate in Youth festival and win many positions at national level. Students and staff also promotes our rich heritage via organization of many activities and awareness programmes. They are giving stress on traditional food items, paintings, fabric painting, stitching, pottery, classical music, classical and traditional dances, shlokas and many more through heritageand hobby club. As a result they are giving their better results in competitions and in youth festivals. Mahavidyalaya is promoting hobby classes and skill development programmes for attaining excellences.

4. Excellence in academics:

For successful development of students it is essential to have academic achievements. Mahavidyalaya knows that academic achievements are demanding the high learning goals,better academic environment, highly

qualified and dedicated staff, continuous assessment process and above all the motivation. From last fifty years this institution is showing the better results in academics. The management and staff of the college are providing such an environment to the students in which they are giving their best. Mahavidyalaya has many courses at U.G and P.G level. Every course is having its society or cell. The students and staff jointly run it by organizing many academic activities along with class room teaching using audio visual aids & I.T. The students are assessed by class tests, assignments, internal assessment and examination. In addition to it the students get motivation via the extension lectures and workshops of some renewed personalities. Some academic activities like essay writing competition, slogan writing, poster making, power point presentation competition, paper reading contest, model exhibition, quiz contest and group discussions etc. have also been organized to enhance the knowledge of the students. The staff also gives special attention on the weak and gem students to enhance their academic capabilities. The rich infrastructure of the college like library, laboratories, airy class rooms, furniture & better quality instruments in laboratory also provide well teaching environment.